

April 2024

In this months Edition Your Committee **TOTY** Categories This months 'Goblet (with an egg)' comp winning entries Presentation by Nick Dodge on Asymetric Turning Sanding article from WOODTURNER magazine Club notice board and upcoming events Readers Contributions Woodshop contents and prices

Current C.A.W Committee 2023 - 2024.

Name

Dave Chamberlain Nick Dodge Chris Gladwell Mary Murfin Brian Hobbs Dave Frost David Evans David Evans David Sadler Jonathan Nicholls Morag Clark Rob Graham

Chairman Vice Chairman Secretary Treasurer

Email

caw_enquiries@outlook.com nickdodge@hotmail.com chris@chrisgladwell.co.uk marymurfin1@gmail.com brian.hobbs@mjmedical.com daveyfrost@hotmail.co.uk evans3518@outlook.com davidsadler0504@gmail.com jonathan.nicholls@sky.com moragclarkms@gmail.com

> Dave Chamberlain Nick Dodge Mary Murfin Chris Gladwell

Phone

Membership & Communications

Membership Secretary Website Data Protection Officer Child Protection Officer Magazine Editor Mary Murfin Pete Stubbs Jonathon Nicholls Jonathon Nicholls Pete Stubbs

Workshop

Health & Safety Officer Workshop Manager Nick Dodge David Sadler

Club Shop

Shop Manager Shop Assistants: David Evans Ron Ashenden Colin Gooch Steve Snell Lawrence Moody

Events and Fundraising

Events Coordinator External Events Coordinator Internal Charity Liaison Officer Raffle/Fundraising Co-ordinator TOTY & Trophies Co-ordinator AVI Equipment setup & operate Catering Caretaker Jonathon Nicholls Morag Clark Brian Hobbs Brian Hobbs Sue Butler Graham Murfin Vicky Thomas Lawrence Moody

Tutors

Mike Hosking, Terry Edwards, Gary Finnemore, Jim Davies, Dave Chamberlain, Dave Sadler, Sue Butler, Lawrence Moody, Colin Gooch

Turner Of The Year (TOTY) Runs from November to October



Categories for Beginners, Novice, Intermediate and Advanced.

January - Box - Any turned item with a lid

February - Natural Edge Bowl - A turned bowl with a natural edge

March - Goblet - A drinking vessel with a stem

April - Open - Any turned item

May - Hollow Form - A hollow item where the inside has been turned blind

June - Miniature & *Collaboration* A turned item that when complete fits inside a 35mm film case *Collaboration* - see below

July - Toy - A turned item allowing you to use your imagination

August - Platter - A shallow plate, flat for at least 3/4 across the inside base

September - Bowl - A bowl turned from any wood

October - Decorated Turned Item - A turned item decorated in any way

November - Matching Pair - A pair of turned items of the same size

December - Open, *Collaboration Trophy* & *Christmas Trophy* Open - Any turned item *Collaboration Trophy* and *Christmas Trophy* see below

Collaboration Trophy in June and December - An item undertaken by 2 or more members from different categories: Junior, Beginner, Novice, Intermediate and Advanced (Guild)

Christmas Trophy

'AN OBJECT WITH WHEELS' is this years Christmas Trophy competition, For which there can only be one winner.

At least part made on a lathe. - All entries will be put to the test!!!

ADVANCED CATEGORY



Silver Medal to Pete Stubbs



Bronze Medal to Nick Dodge

INTERMEDIATE CATEGORY



Joint winners of Gold;

John Bray

Morag Clark





Silver Medal to Dave Frost

Bronze Medal to Ron Ashenden

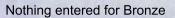
NOVICE CATEGORY



Gold Medal to Brian Hobbs



Silver Medal to Marten Holmes



BEGINNER CATEGORY



And the special prize for best egg - goes to...

... Nick Dodge

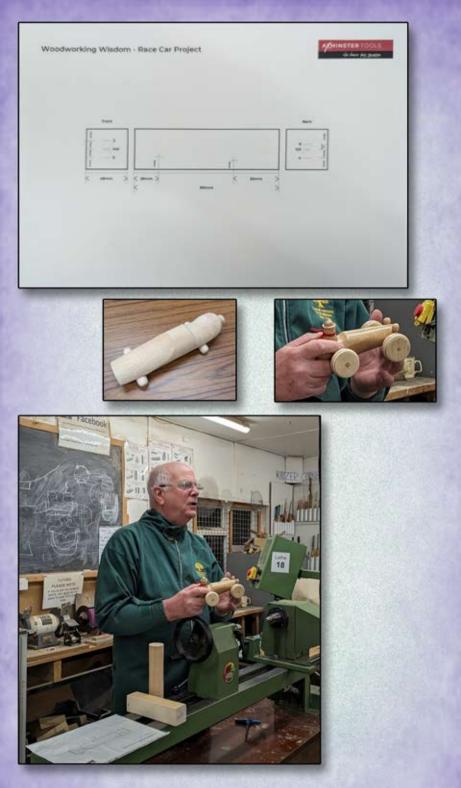


Club Nights.

Our monthly demonstration night featured vice chairman Nick Dodge sharing his knowledge and experience on Asymetric Turning.

WRITZED

Lathe 18



Many thanks to Nick

This month's 'borrowed' article from Woodturner.



Methods of sanding by Philip Greenwood.

For such a simple sounding part of the turning process there is a lot to know about sanding the finished piece. I have seen some well turned pieces which have been let

down by bad sanding. Knowing the correct method to sand

and also how to sand corectly can improve the finish. Incorrect methods can be dangerous when sanding natural edge work and the inside of vases. One of the main problems I come across is people rushing the process and missing grades out.

Sanding need not be a long process if done correctly, and will show that the process has been carried out correctly on your finished piece.

Remember when you apply the finish it will show every scratch mark on your item.

This article is about the methods I use every day in my workshop. Dust extraction is always needed as well as a dust mask when sanding and any time spent in the workshop.

SPEEDS AND PROBLEMS

I tend to sand around 500rpm on a 150mm bowl

or 800rpm on a 50mm spindle. These are a guide, so if your lathe has fixed speeds choose the nearest.

Why a low speed? Fast speeds create more problems. When using abrasives hold it lightly to the surface. You should never feel more than slight warmth coming through, if you feel a lot of heat you are pressing too hard. A problem on the inside is an area on the end grain which still has marks on the surface. This is due to too high a speed and the abrasive not contacting the surface fully if the bowl has moved.

A common problem on end grain timber is heat check, caused by the timber surface becoming too warm and splitting. This is due to applying too much pressure or sanding for too long (common on dense and exotic timbers). Radial marks are normally caused by rushing through grades and not removing the previous abrasive mark.

FREEHAND

Always go through the grades, as skipping a grade will leave marks from the coarser grades, Start with the only the coarsest grade that is needed, If this is 240 that is fine. Don't start with 120 as this just means more sanding through the grades. Iuse 120, 180, 240, 320 and 400 (f needed I go beyond this to as fine a grade as is needed for the item). Sand at around the 7 o'dock position, unless the bottom of the item is close to the lathe bed, then sand at 5 o'dock to avold any risk of fingers becoming trapped. On spindle work with the lathe stopped you can always sand by hand with the grain between grades to remove any radial maks. Check the finish after the first grade for tool marks before moving onto the next grade.



Positions for sanding



Using a dust extractor



Sanding with the grain

DRILL WITH SANDING ARBORS

One method that is very good for sanding the inside of bowls is with a cordless drill and a sanding arbor. This is a quick method of sanding and will not leave you with radial marks. I use the right side of the pad on the right side of the bowl and the left side of the pad on the left; this means the pad is rotating in the opposite direction to the bowl rotation.

Have the lathe running at around 500rpm for a small bowl with the drill running at full speed. Go through all the grades as normal.



Sanding arbor for a drill



Sanding the inside of a bowl

R0TARY SANDING (SIMON HOPE TYPE)

This s type of sanding uses an arbor held in a bearing. which relies on the arbor. Loaded with abrasive, this is presented at a rangle which causes the arbor to rotate freely against the work. This I find best on vases, bowls and spindles with little detail. The speed needs to be higher so the head will rotate, especially near the centre of a bowl. On the outside press the pad onto the rotating item so the point of contact on the pad is just off centre so the pad will spin. Like any sanding go through all the grades needed This type also means your hands and fingers never go inside the vase when sanding



Presentation angle

ACCESSORIES FOR SANDING Sometime I use other accessories when sanding.

One is a piece of timber with Velcro stuck on the end to hold the abrasives for sanding inside a vessel

One that I use a lot for natural edge work is a drill chuck mounted in



Sanding inside a vase

Home-made sanding jigs

the chuck so I have both hands free to hold the item. This is also useful for finishing the base of a bowl. A useful item if you don't have a disc sander is a piece of MDF with a self-adhesive disc stuck on, and a homemade sanding table which fits onthe tool rest assembly.

This is ideal for sanding edges of fterns or shaping components.



Drill chuck with an arbor



Sanding table

CLUB NOTICE BOARD AND UPCOMING EVENTS

Further reminder information on the details of our new bank.

We now bank with NatWest, Truro. The club account details are: NAT WEST, TRURO For membership payments, etc please use:

52-41-31 For 100 Club BACS payments please use: 45336644

52-41-31 45336636

Upcoming Events. Club Nights. April

A Maritime Disaster by David Harris. TOTY - This months category is 'OPEN'.

May

Hollow Forms with Mike Hosking

June Boxes with Ron Ashenden

DEMO NIGHTS.

Usually held twice a year. We invite professional turners from across the country to come to the club and demonstrate.



The 100 Club Winners for March were:

1st prize (No 25) Colin Gooch

2nd prize (No 45) Philip Carmichael

3rd prize (No 75) Brian May-Hobbs

Entry forms are in the club rest room or just contact Brian Hobbs on brian.hobbs@mjmedical.com and he will send you the necessary documents.

Remember 50% of the takings goes to the club charity for the year!!

What? What do you mean why do we keep winning?

READERS CONTRIBUTIONS

If you have anything to contribute, please contact me at webmaster4caw@gmail.com

Nothing

To See

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WHERE TO BUY WOOD

ITEM	SIZE/COLOURS	PRICE
WOOD BLANKS ABRASIVES & ACCESSSORIES	Various types and sizes including pen blanks***	***From £1.50
ABRASIVES & ACCESSSORIES		
dirka Abranet	76 x 125 Mixed Pack (80, 120, 180, 240, 320, 400 Grits)	£4.00 per pack
	80 Grit single pieces	E1.00 each
fook & Loop	150mm x 0.5m : 6 x Mixed Grits	£9.40 per pack
Flex	150mm x 0 5m : 6 x Mixed Grits 115mm x 1m : 80 100,120 180 240 320,400,600 Grits	E3.00 each grit
Arka Carat Flex	115mm x 0.5m : 180,240,320,400 Grits	£0.80 each grit
iyweb		£0.50
Sanding Paddle		68.20
nterface Pad	70mm x 200mm	£7.00
Airka Backing Pad Robert Sorbey Pro-Edge Abrasive Belts	10mm Ceramic: 80 grit or 120 grit	£10.00 £4.85 each
copen sorbey Pro-Coge Abrasive bets	Aluminium Oxide: 180 or 240 grit	£2.50 each
INISHING PRODUCTS	Performant Courter Too or Eve Too	Kill OV BURNI
CHESTNUT		
Cellulose Sanding Sealer	Spray	E9.00
Cellulose Sanding Sealer	500ml Can	£10.80
Acrylic Sanding Sealer	Spray	E8.10
Noodwax 22	450ml Clear	E11.00
	450 ml Medium Brown, Golden Brown, Mellow Brown	£10.25 each
Jiming Wax	450ml	£12.00
ficrocrystalline Wax	225ml	£11.40
ut n Polish	225ml	£14.00
fand Wax Oil	500ml Gloss or Satin	£16.50
bonising Lacquer	400ml Acrylic Spray	£8.50
Burnishing Cream	500ml	£13.20
riction Polish	500ml	£16.20
ung Oil	500ml	£10.80
emon Oil	500ml	£10.80
inishing Oil	500ml	£10.20
ind Seal	1,000ml	£9.90
Spray Lacquer	400ml Acrylic: Gloss or Satin	£8.10
	400ml Melamine: Gloss	69.00
Spirit Stain	25ml Golden or Mid Oak. Brown, Red. Light or Antique Mahogany	£1.50 each
	25ml Teak, Pine, Rosewood or Yew	£1.50 each
	12 x 25ml Pack of Mixed Colours	£15.50
OTHER		13222
Club Mix Cellulose Sanding Sealer	1 Litre (Diluted 50/50)	\$7.00
Food Safe Chopping Board Oil	Natural (no additives)	£4.00
CA Glue	20g Medium Viscosity	£1.20
	50g Medium Viscosity	£4.00
All the second se	50g Low Viscosity (Thin Grade)	£5.00
Beeswax Stick		£2.25 £3.75
Liberon Coloured Wax		£3.75
Pritt Type Glue Sticks	24 NYA	\$0.75
Hot Melt Glue Sticks	11mm x 270mm	£0.25
Superglue	Gorilla. Sealfix or Locite	£5.00 each
INCOMENTS & CONTRACTOR	Bottik or Poundland	£1.00 each
ROJECT KITS & ACCESSORIES	Save Contract Orth of E	60.36 ++ 61.65
lud Vase Tubes	Small Single or Pack of 5	£0.25 or £1.00
	Medium: Single	60.20
Eni Kau Dine Dan KR	Large Single	£0.50
fini Key Ring Pen Kit Sgar Pen Kit	Chrome Satin	£2.75 £4.50
Agar Pen Kit Pen Kits	Simine	£4.50 £2.60
ren Kits nserts	Simine	£2.60 £2.00
nserts Infils	Simine	£2.00 £0.50
renns Imm Tubes	Pack of 4	62.20
wist Pen Refills	Blue or Black: Single, Pack of 5 or Pack of 10	£0.50, £1.75 (5) or £4.50
make a day and make	ware or united, unity it, if the or a still due to the	(10)
en Bags	Various Colours: Single	£0.60
en Boxes	Plastic Single	60.50
andle Cops	Plastic Single Brass Pack of 4	66.50
1 1	Brass Finish: Single	£1.00
	Steel with Bezel. Single	\$2.50
	Copper Finish: Single	£1.00
	Tea Light Cups	60.75
ROJECT KITS & ACCESSORIES		
lottle Openers - various finishes		E4.50
efter Opener		£5.70
epper Grinder	6 inches Ceramic	E4.45
hoto/Note Holder		(3.20
amp Holder, inc Plate	시 1977년 1월 1978년 1월 1971년	£5.00
amp Holder, inc Plate	Safety Switch Version	65.50
effer Opener		£3.00
UNDRIES		
lafety Glasses		£5.50
	Contractor Contra	£5.50
afety Overglasses		
afety Overglasses mpty Squeezy Bottle Dispenser with Nozzle	250ml	£1.00
arlety Overglasses mpty Squeezy Bottle Dispenser with Nozzle	250ml 500ml	£1.00 £1.50



Chopping Board

Food

Polo shirts - £12.50 +VAT Sweatshirt - £15.50 +VAT Full Zip Fleece - £19.95 +VAT Full Zip Smocks - (Lovells Workwear) - £40 +VAT

Baseball caps @ £9 + VAT.

Oil

Danish

Danish Oil \$10.50, Food safe No Solvents or Toxic Drives

\$10.50 \$10.50

If you wish to order any of the following (which include embroidery) please email susanbutler29@hotmail.com



THE SPEED LIMITS ON SITE PLEASE

Wheal Jane Earth Science Park

alle and light

ONCE AGAIN - IF YOU MADE IT THIS FAR

THANKS FOR READING AND SEE YOU NEXT MONTH.



"Wake up you old fool, you slept through the whole newsletter". "Who's the fool? You stayed awake"!

APPENDIX TO APRIL'S NEWSLETTER.

AGM 2024

The folloing pages relate to the C.A.W. AGM which will take place on Friday 26th April 2024 at 7 p.m. prior to the start of our usual Club Night.

Please ensure that Mary receives your Committee and Charity nominations or any matters that need to be raised by Friday 12th April 2024.

These can be sent to her as an email attachment, posted or placed in the white mail box in the break room.

If you wish to nominate anyone, please check with them first to ensure they are willing to stand, before completing the form.

There will be vacancies this year, so please just don't assume that all the existing committee will continue.....

New members, you are as welcome as long-standing members. It's people with an interest in the running of the club that we need.

If anyone has any questions about the committee roles or anything else, please do not hesitate to contact Mary.

This is your club and without a formal committee it cannot run!!!

NO CLUB

So please don't just assume that someone else will do it!

No Nominees, No Committee,

Notice of Annual General Meeting & Nomination Form

Dear C.A.W. Member

The Annual General Meeting (AGM) of the Cornwall Association of Woodturners will be held on:Friday 26th April 2024 - 7.00pmat the Club, Wheal Jane, Baldhu, Truro, TR3 6EE

Your presence would be very much appreciated, so please make every effort to attend as your views and opinions are valued.

The club functions best with helpful and constructive input from members.

The AGM is an opportunity to give your views and elect the Committee you wish to take the Club forward until the next AGM.

To nominate members to serve on the committee, please complete the nomination form and return to the CAW Secretary at least 14 days before the AGM, i.e. by 12th April 2024.

Forms can be placed in the white mail box in the Break Room, emailed to: cawsecretary@outlook.com or posted to: Mary Murfin, (CAW Secretary) 57 Church Way, Falmouth. TR11 4SG.

Please note, there is also a section on the form to nominate the Club Charity for 2024 - 2025

Members must also advise the Secretary in writing of any business to be moved at the AGM at least 14 days before the meeting, i.e. by 12th April 2024.Agendas will also be sent to members and a few spare copies will be available at the Club on the night of the AGM.It is your Club so please help in shaping its future.

A.G.M. Friday 26th April 2024 - Nomination Form Please obtain the agreement of the people you are nominating in advance.

PRINT ALL NAMES IN BLOCK CAPITALS. Completed forms to be returned to CAW Secretary no later than 12th April 2024 If you do not have someone to second your proposal, it will be put forward at the AGM for someone to second from the floor.

Only the 4 Executive Committee roles have to be named. Other roles (see enclosed list) will be allocated at the first meeting of the new Committee.I wish to nominate the following members to serve on the committee:

Nominated member Role Proposer Seconder

Chair Vice-Chair Treasurer Secretary Not specified "

....

* Any additional nominations should be noted on the reverse of this page or on a separate piece of paper.

CAW CLUB CHARITY NOMINATION 2023 - 2024

The Club has always supported charities where the money raised is spent in Cornwall. Your nomination should be a Cornish based charity or the local arm of a National Organisation and money raised by the Club must be spent in the County.

I would like to nominate the following Cornish Charity to become the CAW Club Charity for2024 - 2025:

Name of Charity: Nature of work:

Supporting literature is always useful.

Contact details:

Minutes of the AGM held on Friday 28th April 2023 at the Club, Wheal Jane, Baldhu, Truro.TR3 6EE

* Welcome by the Chair, Dave Chamberlain.

* Attendees: 24 members attended. Sign in list available to view.

* Apologies: 15 received from: Marten Holmes, Chris Simmons, Dave Eastman, Brian Hobbs, □Simon Seaton, Vicky Thomas, Margaret Kerr, Berry Storey, Gary Finnemore, Philip Davenport, Graham Loveland, Tony Le Fevre, Graham Murfin, John Allen, Jen Allen.

* Confirm Minutes of the AGM held on 29th April 2022 previously circulated. Proposed by Lawrence Moody, Seconded by Mike Hosking. Unanimously approved and signed.

* Matters arising from the Minutes - None.

* Receive Audited Accounts. Interim Audited Accounts were presented by Chris Gladwell, in the absence of Treasurer.

Copies of these accounts were distributed.

Dave Chamberlain (Chair) expressed thanks to Chris Gladwell for his audit. The final accounts will be provided asap.

* Receive Chair's Annual Report. Chair, Dave Chamberlain gave a very comprehensive Annual report, including thanks to Tutors. Copy attached.

* Resolve any proposals in accordance with AGM procedures (including amendments to the Constitution): No proposals received.

* Existing Officers and Committee stood down.

* Election of Executive Officers for 2023/2024:

Chair - Current Chair (Dave Chamberlain) having completed 3 years did not wish to stand again. However, with no other nominations submitted in advance and with his agreement, Dave was nominated from the floor by Chris Gladwell, seconded by Mike Hosking and unanimously accepted. Vice Chair - Nick Dodge

Treasurer - Chris Gladwell

Secretary - Mary Murfin

With no other nominations, these Executive Officers were therefore elected for the year 2023/2024.

* Election of Committee members:

The following Committee members were duly elected in line with nominations received.

Jonathan Nicholls, David Sadler, David Evans, Brian Hobbs, Morag Clark, Dave Frost.

* Club subscriptions for the coming year - As club subscriptions have remained the same for over 10 years, it had been proposed by the previous committee that an increase is long overdue.

Commencing on annual renewal date - 1st July 2023, subs will be: Full member - £40.

Associate & Junior members - £20.

Pro-rata'd as before when members join at other times during a year.

* Club Charity May 2023 - April 2024. Four Charities were proposed: Children's Hospice South West. Transformation CPR. Flicka Foundation Donkey Sanctuary. Merlin Neuro Therapy Centre.

Voting was by a show of hands from members for their preferred charity with the Merlin Neuro Therapy Centre receiving the most votes and therefore the Charity to be supported.

* Honorary President - Thanks had previously been expressed by the previous committee to the outgoing Hon. President, Roger Kneebone for his support since 2019.

The new Hon. President for the 2 years 2023 - 2025 will be Jim Davies. This was well received by all members.

* With no further business, the meeting was closed at 7.35 p.m.

Date of next AGM: Friday 26th April 2024 at 7.00 p.m.

Constitution updated following EGM 24 September 2021

Name

The club shall be called the 'Cornwall Association of Woodturners', hereafter known as C.A.W.

Aims and Objectives

* To foster a greater awareness of the turner's craft.

* To promote woodturning amongst wood turners and the general public.

* To arrange such events locally in order to promote and pursue the highest standards in turnery.

Membership

Membership shall be open to any person on completion of the Membership Application form and payment of the relevant subscription subject to approval by the committee.

All subscriptions are due by 1st July and must be paid no later than 31st July, although special circumstances may be permitted at the discretion of the committee.

Members who join after 31st December will pay 50% of the annual subscription.

Members who join after 31st March will pay 25% of the annual subscription. Membership of C.A.W. must not be used or exploited for any form of commercial advance by any member on an individual or private basis. Membership may fall into the following categories:-

Full Member

The first family member pays the full fee, has a C.A.W. number, voting rights and can sell through the C.A.W.

Associate Member

The second and subsequent family member who turns pays 50% of the subscription,has a C.A.W. number, voting and selling rights.

Junior Member

Junior members is open to those up to the age of eighteen (18) years. They must be accompanied by an adult parent/guardian who will be responsible for them. They will pay 50% of the subscription, have a C.A.W. number, voting and selling rights.

Honorary Member

An honorary member will be nominated by the committee; will pay no fee, have a C.A.W. number, but no voting or selling rights.

Cornwall Association Of Woodturners Constitution updated following EGM 24 September 2021

Life Member A life member pays no fee, has a C.A.W. number and has full voting and selling rights. There may be a maximum of three (3) life members at any one time.

Officers and Committee The Executive Officers of the Committee shall be as follows: Chairperson, Vice Chair, Secretary and Treasurer.

All officers shall be elected for a period of one year but shall be eligible for re-election for additional terms.

The Chairperson shall be elected annually for a period of one year but shall be eligible for re-election for additional terms providing no-one serves in this position for more than three (3) consecutive terms.

General Committee

The affairs of the C.A.W. shall be controlled by a General Committee comprising of the Executive Officers and up to twelve (12) other members elected from and by those C.A.W. members that have voting rights. The General Committee shall meet at agreed intervals and not less than four (4) times per year.

Committee members are expected to attend at least 50% of scheduled committee meetings, and to send apologies to the Secretary in advance of a meeting when unable to attend.

Committee members unable to fulfil this commitment may be asked to step down from the committee and relinquish their duties.

The duties of the General Committee shall be: 1. To control the affairs of the C.A.W. on behalf of the Members.

2. To keep accurate accounts of the finances of the C.A.W. through the Treasurer. These should be available for reasonable inspection by members and should be audited before every Annual General Meeting. The Auditor should not be a member of the committee.

The C.A.W. shall maintain a bank current account and the following Officers shall be authorised to sign C.A.W. cheques: two (2) from any of the (4) Officers.

3. To co-opt additional members onto the committee as the committee feels necessary.

Co-opted members shall not be entitled to vote on the Committee.

4. To make decisions on the basis of a simple majority vote. In the case of equal votes, the Chairperson shall be entitled to an additional casting vote. A quorum of the committee shall consist of five (5) members.

Honorary Club President

The role to be appointed from current C.A.W. members, recommended by the outgoing C.A.W. Committee for agreement at the AGM. The role will be held for 2 years.

It is anticipated that this role will be fulfilled by a long standing member who is not involved in regular club operation but who is fully committed to the ongoing growth and success of the club.

The President will be available to offer advice and guidance to all club members and in particular to the club executive.

The President will not be expected to attend committee meetings, except when specifically requested to provide their wisdom and guidance on specific matters; or at the request of the Chairman to mediate in case of conflict.

General Meetings

The Annual General Meeting of the C.A.W. shall be held no later than the end of April each year.

Thirty (30) clear days notice shall be given to members of the Annual General Meeting by circulating a copy of the notice to every member. With effect from 2021 all future 'Notices of AGM/Nomination' forms will be emailed to members. Those members who do not have email will continue to receive a postal copy. A copy will also be placed on the Club Notice Board. Members must advise the Secretary in writing of any business to be moved at the Annual General Meeting at least fourteen (14) days before the meeting.

The Secretary shall circulate or give notice of the agenda for the meeting no less than fourteen (14) days before the meeting.

The business of the Annual General Meeting shall be to:

* Confirm the minutes of the previous Annual General Meeting and any General Meetings held since the last Annual General Meeting.

* Receive the audited accounts for the year from the Treasurer.

* Receive the annual Chairman's report.

* Elect the Officers - Chairperson, Vice Chair, Treasurer, Secretary and the other General Committee Members.

* Agree the subscription rates for the forthcoming year as recommended by the Committee.

* Transact such other business received in writing by the Secretary from members fourteen (14) days prior to the meeting and included on the Agenda.

Extraordinary General Meetings may be convened by the General Committee or on receipt by the Secretary of a request in writing from not less than ten (10) C.A.W. members that have voting rights. At least twenty one (21) days notice of the meeting shall be given.

Nomination of candidates for election of officers shall be made in writing to the Secretary at least 14 days in advance of the Annual General Meeting date.

Nominations can only be made by C.A.W. members that have voting rights and must be seconded by another C.A.W. member that has voting rights. In the absence of nominations prior to the meeting, nominations may be made from the floor at the Annual General Meeting.

All nominations shall have the consent of the nominee.

At all General Meetings the chair will be taken by the Chairperson or Vice Chair, or in their absence by a deputy appointed by a vote of the C.A.W. members that have voting rights attending the meeting.

Decisions made at a General Meeting shall be by a simple majority of votes from those C.A.W. members that have voting rights attending the meeting. In the event of equal votes, the Chairperson shall be entitled to an additional casting vote.

A quorum for a General Meeting shall be 25% of the C.A.W. Membership who have voting rights and must include two (2) or more Executive Officers of the C.A.W.

C.A.W. members that have voting rights shall be entitled to one (1) vote at General Meetings.

Alterations to the Constitution

Any proposed alterations to the C.A.W. Constitution may only be considered at an Annual General or Extraordinary General Meeting, convened with the required written notice of the proposal. Any alteration or amendment must be proposed by a C.A.W. member that has voting rights and seconded by a C.A.W. member that has voting rights.

Such alterations shall be passed if supported by not less than 80% of those C.A.W. members that have voting rights present at the meeting, assuming that a quorum has been achieved.

Discipline and Appeals

The committee shall have the right to terminate the membership of any member who has brought the name of the C.A.W. into disrepute. Any individual who has been subject to disciplinary action shall have the right to appeal to the general membership at an Extraordinary General Meeting to be called within thirty (30) days of such appeal being received by the committee.

Dissolution

A resolution to dissolve the C.A.W. can only be passed at an Annual General Meeting or Extraordinary General Meeting through a majority of the membership.

In the event of the C.A.W. closing down and after discharging all debts and liabilities of the C.A.W.; all monies accrued from Bank balances, sale of C.A.W. assets etc.shall be distributed to a charity or charities nominated by the majority vote of the Membership.

This constitution and rules governing the C.A.W. activities was adopted by the membership at the Extraordinary Annual General Meeting held on Friday 24th September 2021.

Remember:

NO NOMINEES,

NO COMMITTEE,

NO CLUB.

PLEASE DON'T JUST ASSUME THAT SOMEONE ELSE WILL DO IT: